

# TABLE OF CONTENTS

## Unit 1. YOU DESERVE TO LIVE A HEALTHY LIFE

p9

### Reading

The Mediterranean diet:  
A cultural heritage of humanity

### Listening

Eating out healthy

### Vocabulary

Food and nutrients

### Pronunciation

/e/, /ə/ and /ɜ:/

### Grammar

Adjectives and adverbs. Countable and uncountable nouns. Quantifiers

### Speaking

Giving opinions. Giving advice. Agreeing and disagreeing

### Writing

How healthy/unhealthy my lifestyle is

### Revision

## Unit 2. YOUR BODY

p23

### Reading

Patient assessment form

### Listening

Parts of the head. The five senses

### Vocabulary

Basic parts of your body

### Pronunciation

/æ/, /ɪ/ and /ɑ:/

### Grammar

Present tenses

### Speaking

Telephone conversation: Making a doctor's appointment

### Writing

Anatomical descriptions

### Revision

## Unit 3. HEALTH IS NEVER VALUED UNTIL THE ILLNESS COMES

p35

### Reading

The flu

### Listening

The flu: True or false?

### Vocabulary

Describing health problems

### Pronunciation

/ɪ/ and /i:/

### Grammar

Past simple, past continuous and *used to*

### Speaking

Daily routines

### Writing

Writing a story

### Revision

## Unit 4. DIAGNOSTIC PROCEDURES

p49

### Reading

Taking a medical history

### Listening

Presenting symptoms

### Vocabulary

Giving physical examination and taking vital signs

### Pronunciation

/ɒ/ and /ɔ:/. Intonation in questions

### Grammar

Perfect tenses

### Speaking

A visit to the doctor

### Writing

Writing Essays

### Revision

## Unit 5. BREAKING THE CHAIN OF INFECTION

p61

### Reading

The chain of infection

### Listening

Vaccination?

### Vocabulary

Microorganisms

### Pronunciation

/v/ and /u:/

### Grammar

Future tenses. Prepositions (I): time

### Speaking

In ten years' time...

### Writing

Write a review: how to prevent an infection

### Revision

## Unit 6. IN THE LAB

p75

### Reading

Diagnostic value of a blood test

### Listening

Koch's postulates: then and now

### Vocabulary

Biomedical laboratories: types and general equipment. Laboratory tests

### Pronunciation

Voiceless consonantal phonemes

### Grammar

Conditionals

Prepositions (II): place

### Speaking

Reported speech

### Writing

Describing lab results

### Revision

## Unit 7. A VISIT TO THE DENTIST

p87

### Reading

Are you afraid of the dentist?

### Listening

At the dentist

### Vocabulary

The dental chair

The odontogram

### Pronunciation

Voiced consonantal phonemes

### Grammar

The passive voice

The imperative form

Comparison of adjectives and adverbs

### Speaking

Daily routines in the dental office

### Writing

Describing dental anatomy

### Revision

## Unit 8. FIRST AID

p103

### Reading

The emergency response system

### Listening

Choking

### Vocabulary

Medical emergencies

### Pronunciation

/s/ and /z/

### Grammar

Modal verbs (I)

### Speaking

Describing photographs and making deductions

### Writing

How to stop a haemorrhage

### Revision

## Unit 9. HEALTH PROFESSIONALS

p115

### Reading

Working together for health and welfare

### Listening

The Spanish healthcare system

### Vocabulary

Qualities and attitudes in the workplace

### Pronunciation

Past -ed forms: /t/, /d/ and /ɪd/

### Grammar

Modal verbs (II)

### Speaking

A job interview

### Writing

Applying for a job

### Revision

## TECHNICAL TOPICS

1. JUST RELAX AND ENJOY LIFE
2. ANATOMICAL TERMS OF POSITION AND DIRECTION
3. TAKING MEDICINES SAFELY
4. DIAGNOSTIC IMAGING TECHNOLOGY
5. CLEANING, DISINFECTION AND STERILIZATION. NOSOCOMIAL INFECTIONS
6. COMMON LABORATORY HAZARDS
7. DENTAL INSTRUMENTS. PROSTHETIC LABS
8. BASIC LIFE SUPPORT (BSL)
9. EDUCATION LEVELS AND LEARNING OUTCOMES IN VET EDUCATION

## APPENDICES

I. SPECIFIC VOCABULARY

p129

II. ANATOMY

p137

III. PHONETICS

p145

IV. COMMON IRREGULAR VERBS

p149